Module 3A – Questions from Slides 3A

1. What did you learn from the presentations?
2. How does the function of our brains lead to good mental health?
3. How does change in various brain function show itself?

1. How would you use what you learned in Module 2 and this part of Module 3 to teach friends or family about the brain and its functions?
2. How can what you learned today be used to help decrease stigma about mental disorders?
3. What did you learn today that you can use in your own life to help keep you healthy?